

# Susan Quilliam

RELATIONSHIP PSYCHOLOGIST

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Susan Quilliam is a **relationship psychologist, agony aunt, writer, media commentator, broadcaster and consultant** to the PR/ advertising field.

Her areas of expertise include: sexuality; love; personal psychology, medico-sexual psychology, body language.

- Agony aunt for **Top Sante** magazine and **The Erotic Review**. Co-presenter of **Sex in the City**, the weekly two-hour agony phone-in on **LBC**. Susan also provides patient advice on five medico-sexual websites dealing with erectile dysfunction, pre-menstrual syndrome and cervical cancer.
- **Author of 21 books** on love and sex, published in 33 countries and 24 languages; three of her books have been written for Relate and The Samaritans, with whom she works closely. Her latest work, **The New Joy of Sex**, is a 'reinvention' of the classic book by Alex Comfort.
- Susan's academic involvement focusses on the psychology of intimate relationships. As well as being Consumer Correspondent for the **Journal of Family Planning** she is a regular guest speaker at national and international academic conferences. She is a particular advocate of medico-sexual issues and has spoken on the topic at the **Royal Society of Medicine**.
- 2009 guest appearances have included speaking at the **Royal Society of Medicine's Sexual Pleasures** meeting, running several interactive workshops for cervical cancer charity **Jo's Trust** and being invited to address 100 international opinion formers at the annual conference of the **European Society of Sexual Medicine**. Susan was also delighted to be nominated for the **Our Bodies Ourselves Women's Health Heroes Awards**.
- Susan sits on the: Editorial Committee **Journal of Family Planning**; Clinical Advisory team, **National Association for Premenstrual Syndrome**; Clinical Advisory Board, **Jo's Trust** (cervical cancer support), Advisory Board, **British Association of Sex Educators (BASE)**.
- Susan broadcasts regularly on television and has co-presented the series Compatibility Test, for **UKTV**. On radio, she co-presents a regular agony hour for **LBC**, and from 2006-08, a weekly agony hour for **Heart 106**, as well as making regular contributions to national and international radio.
- Susan writes and comments regularly for **major British newspapers and magazines** plus several **US and worldwide publications**. Recent press work includes consultancy for the Support Marriage! campaign run by **SHE magazine**, Great Britain and articles and comments in, among others, **More** magazine, **Scarlet** magazine, **The Daily Express** and **The Daily Mail**.
- Susan is a media commentator for **Relate**; she also comments, advises and campaigns for a number of other charities dealing with relationship and sexual problems, including the lobbying organisation, **Kids in the Middle**.
- Susan consults regularly for PR and advertising agencies as an expert psychologist. Recent work includes campaigns on cervical cancer; erectile dysfunction, vaginal atrophy, female incontinence. Much of Susan's PR consultancy work achieves worldwide coverage; in 2005-6, her projects won **PR Week Award for Campaign of the Year** and **PR Week Award for Ethical Health Care**.

**Qualifications:** Honours Degree in Psychology, University of Liverpool; Cert Ed Hons; DipNLP; MANLP; qualified Trainer and Teacher Trainer of Co-counselling; co-founder of the Brussels Co-counselling Community.

**Memberships:** associate member of the Royal Society of Medicine; member of the British Association for Sexual and Marital Therapists; Medical Journalists' Association; Women in Film and Television; Guild of Health Writers; Society of Authors; Women in Journalism; founder member of British Authors of Relationship Books; former Trustee of Relate.